

# C. Colombo Lodge #1315

[www.soiccolombo1315.com](http://www.soiccolombo1315.com), Carol Esposito, President T: (925) 978-3956



## Lodge News

### November 11<sup>th</sup> Meeting News

The Sons and Daughters of Italy, C. Colombo Lodge #1315's ("SOI") meeting scheduled on November 11, 2020, is canceled due to the continued State Regulations being implemented for the Coronavirus pandemic. Here is a special message from Carol Esposito, President of SOI:

*Hello Brothers and Sisters,*

*I hope everyone is enjoying the wonderful Fall weather we are having. It will not be too long before the cold days of winter are here. Last month, we celebrated Italian Heritage month and I am thankful for all the "likes" and "shares" from our Facebook page. As we continue with the limited socialization due to COVID19, I still do not see a time frame of when we will begin to start our meetings. I hope over the Holidays you reach out to your fellow members; I know life gets busy, but I think we all still have each other in our thoughts.*

*We had a great response for the 2021-2022 Board Position slate and want to thank Edna Esposito, Past President, and Cathy Nelson, Orator, for calling all the members regarding board positions. Posted in this newsletter is the list of nominations, I am glad to see we were able to get every position filled and am so happy to see some new members take positions. Since there is no opposition for any of the board positions at this time, we may not have to have a ballot. However, if any member still wants to run for a position there is time, please contact Edna, Cathy or myself and let us know by the end of November. We will officially recognize the new Board in December with confirming emails and phone calls. Then installation of the officers will be in January 2021.*

*I would like to thank Lisa Navarro, Vice President, and her helpers for the wonderful Boo Gram Fundraiser. It was fun to receive the Boo Gram and the Biscotti and Cucidati were delicious. Many thanks to all who purchased cookies and helped raise funds for our lodge.*

*I wanted to point out that there is now a 'Good of the Order' section in the newsletter. Please reach out to Pam Bustos with any news you would like to share. I believe this is just another way our members can stay connected to each other through the pandemic. As always, I hope you are safe and well. If anyone needs anything feel free to reach out to me.*

*Sincerely,*

*Carol Esposito, President, C. Colombo Lodge #1315*



## Upcoming Events Prossimi Eventi

### November/novembre

11<sup>th</sup> Regular Meeting -  
**Canceled**

- Vote for New Officers

TBA Cucidati Contest -  
**Canceled**

### December/dicembre

9<sup>th</sup> Christmas Potluck -  
**Canceled**

TBA Deliver Christmas  
Cards to Veterans -  
**Canceled**

Please note: If you are interested in chairing or participating on a committee, please contact Carol Esposito at (925) 978-3956.

## Committee Meetings Riunioni Del Comitato

All Committee Meetings are canceled due to COVID-19



# Happy Thanksgiving

**Thanksgiving Day**, is an annual national holiday in the United States and Canada celebrating the harvest and other blessings of the past year. Americans generally believe that their Thanksgiving is modeled on a 1621 harvest feast shared by the English colonists (Pilgrims) of Plymouth and the Wampanoag people. The American holiday is particularly rich in legend and symbolism, and the traditional fare of the Thanksgiving meal typically includes turkey, bread stuffing, potatoes, cranberries, and pumpkin pie. With respect to vehicular travel, the holiday is often the busiest of the year, as family members gather with one another. Thanksgiving Day is celebrated on Thursday, November 26, 2020.

## How Italian Cuisine Factors into Thanksgiving

When it comes to the main course-type dishes, Italian Americans are adamant about injecting their own cuisine favorites into Thanksgiving. After all, what's dinnertime without dishes of baked, cheesy pasta and pots of sauce with meatballs, sausage, and braciola (braciola) bobbing below the surface?

One of the most common Italian preparations to make its way into Thanksgiving is lasagna. There's just something about this legendary Italian staple that makes it fit perfectly into the Thanksgiving game plan—perhaps it's the way the broad, al dente pasta sheets cling to sauce and cheese, while bite-sized pearls of sausage are dotted throughout a baked block of perfection that's soft in the middle and downright crunchy in the corners.

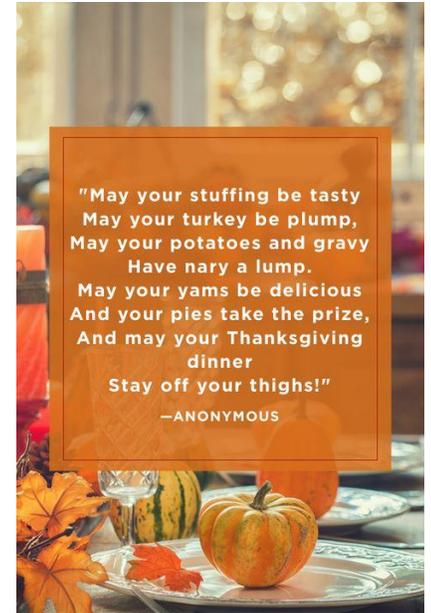
Other baked Italian favorites that are often enjoyed on Thanksgiving are the tubular and cheese-packed baked ziti, along with ricotta-heavy stuffed shells and manicotti. These baked dishes mark the ideal precursor to the turkey's grand entrance—but before cutting into the bird, scooping the dishes, and pouring gravy over the top of the entire affair, a decent break in front of the football game on television might be in order. <https://www.paesana.com/blog/an-italian-american-thanksgiving>

## COVID-19 Update:

Your actions save lives. People can spread coronavirus even if they do not show symptoms. Remember to stay safe and wash your hands. Continue to social distance at least 6 feet and wear a mask when you are out getting your essentials or taking a walk. We love you all and praying for everyone to have good health and a happy life.

## Flu season is around the corner

Simultaneous outbreaks of flu and COVID-19 will drain the state's health care resources. Getting a flu shot protects you and your family. Go to the following website to find where you can get your flu



vaccine: <https://vaccinefinder.org/find-vaccine>, or CVS and Costco are providing the flu vaccine as well.

## COVID-19 Vaccination Planning

From the start of the pandemic, data and science have guided California's response to COVID-19. That will continue to be true when it comes to a possible vaccine. While there is no proven vaccine yet, California is putting everything in place to distribute and administer vaccine doses as quickly as possible, but only after vaccine safety has been reviewed and approved by a panel of top health experts.

California's planning process for the eventual distribution and administration of COVID-19 is guided by the following overarching principles:

- Ensuring the COVID-19 vaccine meets safety requirements
- Ensuring the vaccine is distributed and administered equitably, at first to those with the highest risk of becoming infected and spreading COVID-19
- Ensuring transparency by bringing in community stakeholders from the outset

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/COVID-19Vaccine.aspx>

## Committee Updates

**SOI Elections:** SOI members were called to find out if they would be interested in running for an office on the SOI Board. We could not nominate other members this time around.

### 2021-2022 Board Member Election Slate

**President:** Carol Esposito

**Vice President:** Rosemarie DiMaggio

**Recording Secretary:** Edna Esposito

**Financial Secretary:** Rosanne Ortland

**Treasurer:** Judith McMahon

**Orator:** Cathy Nelson

**Masters of Ceremony:** Dennis Clarke

**Guard:** Gary Shoo

**Trustees:** Katy Castro, Ernie Dinelli, Sue Coniglio, Janet Castillo

**Spooktacular Halloween Boo Grams:** Lisa Navarro, Vice President, announced the Boo Grams Fundraiser brought in \$388.50. SOI members, Pam Bustos and Zelda LeFrak-Belleci helped bake Cucidati cookies and deliver the Boo Grams on Halloween day (October 31, 2020) and Lisa baked the Biscotti. Lisa thanks everyone who participated buying the Biscotti and Cucidati.



## November Birthdays/ novembre Compleanni



7<sup>th</sup> Gary Shoo  
9<sup>th</sup> Mary Lucido  
15<sup>th</sup> Romano Marchetti  
18<sup>th</sup> Lanette Clarke  
23<sup>rd</sup> Robert Facca  
26<sup>th</sup> Nolan Evola  
29<sup>th</sup> John Buffo

## Member Anniversary's/ Membro Anniversario



### November/novembre

#### **4 Years as a member:**

Pamela Bustos

Sue Coniglio

#### **3 Years as a member:**

Josette Brennan

Mary Ann Smith

"LEADERSHIP IS  
ABOUT MAKING  
OTHERS BETTER  
AS A RESULT OF  
YOUR PRESENCE  
AND MAKING SURE  
THAT IMPACT  
LASTS IN YOUR  
ABSENCE."

SHERYL SANDBERG

Your participation in these fundraisers are greatly appreciated and will help us to keep our lodge running so we can all see each other when this Pandemic is over. So please do what you can and remember small gifts are just as important as the big gifts and always appreciated.

**Sunshine:** Edna Esposito sent "Get Well" cards to Sadie Tamburine, State 3rd Vice President and SOI member, Christine Galindo.

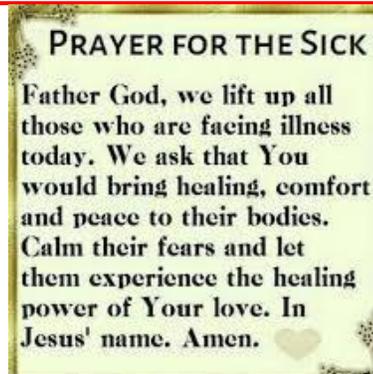
**Good for the Group:**

Joe and Sue Coniglio's daughter, AnnaMarie and her husband, Fabrizio finally made it home from Italy on August 15, 2020. AnnaMarie went to Italy after she graduated from UC Santa Barbara back in 2007 and met her husband through a cousin who lives in Italy. AnnaMarie lived in Italy for the past 12 years and got married to Fabrizio Lecce on August 19, 2017, when they came home for a visit. They lived in Vicenza, Italy, where they had their home and decided before COVID to move back to the United States so they could be close to AnnaMarie's family and friends. When COVID hit the world, they were stuck in Isola delle Semmine, Sicily, where they had to quarantine until they got clearance to come home. We are so happy for the Coniglio family. This just goes to show you that even in a pandemic, family, love, and patience always wins.

Anna Lucido started her first year in college at California State University, Monterey Bay (CSUMB). So far, college has been both challenging and a new experience. With the COVID-19 happening she is not able to go live on campus in the dorms or go in person to class. This means that she is doing school from her laptop in her bedroom at home with her family. She is taking 16 units and plans to major in environmental studies with two minors, one in pre-law and another in Spanish. She is currently passing all her classes and she is doing really great despite the circumstances we are all in right now. Anna is still hoping that she will be able to live on campus her sophomore year and this whole pandemic will finally end, but until then she is just taking one day at a time. SOI is proud of Anna and wishing her success during this very challenging time.

If anyone has anything to add to "Good for the Group," please contact Pam Bustos at (925) 642-8658 or [pam.bustos2136@gmail.com](mailto:pam.bustos2136@gmail.com).

**Cooley's Anemia Cans:** Please keep filling the Cooley's Anemia cans. If you do not have one, please contact Carol Esposito, President, at (925) 978-3956 for a can. If your Cooley's Anemia can is full, please return to Rosemarie DiMaggio or Rosanne Ortland. Your continued support is greatly appreciated.



KING

**Italian Saying  
for the Month**

*Meglio aver  
poco che niente.*

*Meaning:*

*It is better to have a  
little than nothing.*

*Until the mid-  
20th century, some  
regions in Italy  
struggled with poverty.  
This fostered an attitude  
of thankfulness, which  
psychologists say is the  
basis for a happy life.*



**Italian Joke  
for the Month**

*Why did everyone think the  
spaghetti was flirting?*

*It was just a little too saucy!*

## Italian Events/Cultural Corner:

**Colombo Club/Friends of Isola delle Femmine** is having an event, "That's Italian" Dinner & Musical Show on **May 8, 2021 5:00 p.m.** at the Colombo Club 5321 Claremont Avenue, Oakland, CA (No Host Bar), \$75 per person. Funds raised will support Student & Young Professional Study/ Work Exchange Programs and Cultural Events.

### *Menu:*

*Antipasto, Colombo Club family style dinner, garden Salad, French Bread and Butter, Meat Ravioli, Italian Swiss Steak in rich tomato and mushroom sauce, potatoes, vegetables, including dinner wine and Colombo Club Dessert and coffee. Vegetarian entree: Eggplant Parmesan.*

### *Entertainers:*

*Leandra Ramm Coniglio, Nicky D, Lou Esposito II & Jim Coniglio and Josie Esposito and many more.*

No tickets sold at the door. Friends of Isola delle Femmine is a non-profit organization and your donation is tax deductible: Tax ID: #84-2733322, to get more information and how to get tickets, go to their website at [www.friendsofisoladellefemmine.org](http://www.friendsofisoladellefemmine.org).

**Summerset Singers** have a virtual choir now. Check them out on YouTube. SOI members, Mary Ann Smith, Marietta Poldrack, and Sam Scalise's wife, Peggy, sing in the choir and hope you can watch them. Just go to [www.youtube.com](http://www.youtube.com) and search for "Summerset Singers."



# Italian Recipe for the Month

## Lasagna alla Vodka

by Lauren Miyashiro

Prep: 15 Min.

Total Time: 50 min.

Servings: 6

### INGREDIENTS

- 1 tbsp. extra-virgin olive oil
- 1 Onion, finely chopped
- 2 cloves garlic, minced
- 1 28-oz. can crushed tomatoes
- 1/3 c. vodka
- pinch of crushed red pepper flakes
- kosher salt
- Freshly ground black pepper
- 1/2 c. heavy cream
- 12 cooked lasagna noodles
- 2 c. ricotta
- 10 oz. frozen chopped spinach, defrosted and drained
- 1 1/2 c. shredded mozzarella
- 2 tbsp. Chopped flat-leaf parsley

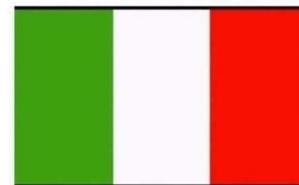
### Directions:

- Make sauce: In a medium saucepan over medium heat, heat oil. Add onion and sauté until soft, then stir in garlic and cook until fragrant. Add tomatoes and vodka and simmer for 15 minutes to let the alcohol cook off. Stir in red pepper flakes and season with salt and pepper. Stir in heavy cream and remove from heat.
- Grease a large skillet with cooking spray or olive oil and place skillet over the burner on the stovetop.
- Assemble the lasagna: Spoon a thin layer of sauce into skillet for the bottom layer. Add 4 lasagna noodles, cutting the noodles to fit the bottom of the pan if necessary. Spread 1 cup ricotta over the noodles, then sprinkle with half of the spinach and 1/2 cup mozzarella. Pour another thin layer of sauce on top and repeat layering process. For the final layer, lay down four more lasagna noodles, spread another layer of sauce on top and sprinkle with remaining mozzarella.
- Cover skillet with a large lid. Cook on medium-low until cheese is melted, about 15 minutes.
- Turn off heat and let the lasagna rest in pan about 5 minutes before slicing. Garnish with parsley and serve warm.

<https://www.delish.com/cooking/recipe-ideas/recipes/a49513/lasagna-alla-vodka-skillet-recipe/>

Our True Colors! lol

What the Italian flag stands for:



-  OREGANO
-  MOZZARELLA
-  TOMATO SAUCE

I HAVE A CONDITION THAT PREVENTS ME FROM GOING ON A DIET...

I GET HUNGRY.



To add articles or information to the SOI Newsletter, please feel free to contact:

Pamela Bustos by email at [pamela2136@att.net](mailto:pamela2136@att.net) or call at (925) 642-8658.

Inspiration or Sympathy Cards, please feel free to contact:

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